NOTES

SAFETY TIPS

- **SWIM AT LIFE GUARDED BEACHES** – ask lifeguards for safety and swimming tips. Stay off of wet sand and rocks.
- **CONDITIONS CONSTANTLY CHANGE** - daily and seasonal changes must be monitored closely
- **WAVES COME IN SETS** – it can look calm for up to 20 minutes between dangerous sets of huge waves.
- **DO NOT FIGHT A RIP CURRENT** – if caught in a current keep calm, float, breathe, don’t panic, and wave for help. Go **WITH** the current and conserve energy.
- Use the **BUDDY SYSTEM** – never swim alone.
- **WHEN IN DOUBT - DON’T GO OUT!**

Mahalo to our supporters: County of Kaua‘i, Kaua‘i Fire Department Ocean Safety Bureau, and Kaua‘i Visitors Bureau

beach maps, guides, current weather at kauaexplorer.com